

INTERNATIONAL INDIAN SCHOOL, AL-JUBAIL

Sports Activities-U.KG Kindergarten Section 2019-2020

Dear Parents,

Date: 24<sup>th</sup> April 2019

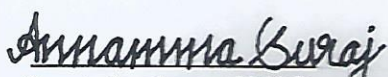
**‘TRUE ENJOYMENT COMES FROM ACTIVITY OF MIND & EXERCISE OF THE BODY;  
THE TWO ARE EVER UNITED’**

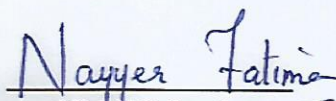
**The importance of games and sports can never be minimized. Exercise not only helps to build fine physique but also makes them mentally alert and physically strong. For these reasons we IIS Jubail have added sports as a regular feature of the school curriculum starting from KG class itself. In order to develop the sporting talent, we will be considering weekly games & P.T. periods.**

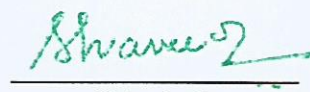
- Everyday classes begin with warm-up exercises like deep breathing, jumping, jogging, running etc. Basic exercises are taught in the course of time.
- Every month, a new game is introduced in the kindergarten. These games involve the participation of all the students.
- Gradually practice will be provided for drill and various track events to prepare them to participate in our Annual Sports Events.

Kindly ensure regular attendance of your ward and send him/her on time to school and in complete uniform with ID card, tie, white socks and black shoes. Student coming late to school will miss their P.T. classes and morning assembly.

Your co-operation & support will be highly appreciated.

  
Sports In-charge U.KG

  
HM KG Section

  
Principal

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Sports Activities-L.KG Kindergarten Section 2019-2020

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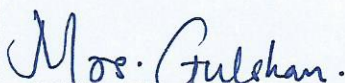
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Sports In-charge L.KG

  
HM KG Section

  
Principal